

To Whom It May Concern:

Thank you for choosing Milestones, part of Thrive Behavioral Network, as a potential placement for you or your client. It is our goal to provide quality person-centered services, enhance stability, and provide a setting where individuals can achieve self-sufficiency and the skills necessary to live more independently in the community. As you may have requested, we are sending you our application packet. This packet includes:

- A Referral Information Form, to gain general information about the individual and assist in determining eligibility for services as defined in 245I.23 Subd. 15.
- Information about our program services and expectations to help you make an informed choice about your treatment selection.
- A blank ROI to assist in expediting care coordination and the referral process.

Supporting information that is helpful and necessary in the successful placement of an individual includes, but is not limited to:

- Current Diagnostic Assessment, Pysch Eval, and/or Functional Assessment (if available)
- Most Recent Treatment Plan, Progress Notes, and/or Discharge Summary
- Current medications list

In addition to the above documentation, an interview may be completed with the individual to ensure they meet all criteria for safe placement in this treatment setting. After a candidate is successfully screened and accepted, a source of payment will need to be secured prior to admission. We will also need signed orders from the attending physician prior to admission and prior to being able to administer any medications.

Our staff members are available to aid you in navigating our referral process. Please call or email us with any questions or concerns, and we will gladly be of assistance:

Email: milestones@thrivebn.com

Phone: (320) 763-3466

**Please fax the referral form and all supporting documentation to: (320) 763-3227.

Sincerely,

Angela Marie

Program Director

Thrive Behavioral Network



INCLUDED IN THIS PACKET

IRTS Programs and Services	page 3
IRTS Facility Expectations	page 4
Form 3002 – Referral Information	pages 5 - 6
Form 2014 – Release of Information	pages 7 - 8



IRTS Programs and Services

INDIVIDUALIZED, COMPASSIONATE, AND PERSON-CENTERED CARE.

Our team members are passionate about what they do and understand and value the importance of delivering services that align with your goals, values, and preferences. Our team members take the time to get to know you, listen to and understand your concerns, and help you make informed decisions about your treatment and overall well-being. We believe that developing trusting relationships with your treating professionals is key to your recovery process.

QUALITY SERVICE DELIVERY FROM QUALIFIED PROFESSIONALS.

Our interdisciplinary treatment teams consist of Mental Health Rehabilitation Workers, Mental Health Practitioners, Mental Health Professionals, Registered Nurses, Certified Peer Specialists, Certified Rehabilitation Specialists, Treatment Supervisors, Program Directors, and a Psychiatric Medical Professional, all who have undergone extensive training and are eager to meet with you to assist you in achieving your wellness goals.

24/7 AWAKE STAFF SUPPORT AND STRUCTURED PROGRAMMING.

Our scheduled programming and structure consist of rehabilitative mental health services, crisis prevention planning, health services and medication administration, co-occurring substance use disordered treatment, family education and engagement services, and therapeutic recreational opportunities. Individual and group counseling is available and tailored to the needs of the individuals being served in our programs. We believe in offering evidenced based practices, which are well-researched interventions that combine clinical expertise with an individual's values and preferences, aimed and assisting you in achieving your treatment goals. Such practices include the use of group and individual interventions from Enhanced-Illness Management and Recovery, Integrated Dual Diagnosis Treatment, Mindfulness, Cognitive Behavioral Therapy, Seeking Safety, and Dialectical Behavioral Therapy. Individuals in our program can expect to attend on average 3 to 5 scheduled groups or structured activities per day, along with a 1:1 encounter with a treatment team member to advance you toward meeting your personal treatment plan goals and objectives.

CARE COORDINATION AND TRANSITION SERVICES.

We believe that recovery is possible and supported through relationships and social networks. Therefore, with your consent, you can expect our team members to invite your family, natural supports, and other treating professionals to be a part of your recovery journey. Likewise, you can expect our treatment team members to provide you with referrals and resources to increase your community support network both throughout your treatment stay with us, and as you prepare to discharge from our services.

For more information about our company or programs, check us out at: https://www.thrivebn.com

Respecting Self

- 1. Individuals are responsible for actively participating in their treatment process. This includes developing and adhering to their individual treatment plan, completing required assessments, attending programming being offered, engaging in daily 1:1 encounters, and following their prescribed medication schedule. *Note: Medication is to be taken at prescribed times. Medications are to be locked up and administered with staff supervision unless approved by RN for unobserved self-administration.*
- 2. Non-prescribed drug or alcohol use is not permitted for the duration of the treatment episode. This includes but is not limited to, over the counter mood-or mind-altering substances such as kratom, Delta-8, or K2.
- 3. Individuals are responsible for their personal cleanliness and well-being.
- 4. Individuals are expected to be fully clothed when leaving their private rooms, including wearing appropriate footwear.
- 5. Individuals may not leave the facility grounds without staff approval.

Respecting Others

- 6. Violence, the threat of violence, or language that is abusive, discriminatory, or harassing in nature, will not be permitted.
- 7. Individuals in the program will not be allowed to enter others personal space, including entering another individual's private room, or take things from others that do not belong to them.
- 8. Individuals are expected to know and follow the rights, privacy, and confidentiality of others.

Respecting Facility

- 9. The privilege of using nicotine is provided in the outside designated smoking areas only. Individuals are expected to use designated urns to properly dispose of cigarette butts and keep the space clean.
- 10. Quiet hours are observed between the hours of 10:00 p.m. and 7:00 a.m.
- 11. Meals and snacks are provided. Individuals are expected to eat in designated areas. Individuals may have their own food as space permits unless it interferes with the health and safety of others.
- 12. Individuals may possess and use their own personal electronic devices if it doesn't interfere with treatment or the rights or privacy of others. No audio or video recording of staff or others in the program is allowed. All media being presented in commons areas is to be mindful of, and support, a trauma informed care environment. Note: Storage space is limited, and staff are not responsible for lost or broken devices. Individuals are recommended to find alternative storage space for large or expensive devices prior to entering treatment.
- 13. Visitors to the program are allowed outside of regularly scheduled programming and mealtimes. Onsite visits require prior notification to the staff in order to ensure adequate visiting space is available. All onsite visits will occur in common areas designated for visitation. Visitors will be asked to sign in/out of the facility through the main entrance as well as to sign a non-disclosure and confidentiality agreement. Only staff are permitted to allow visitors into the building.
- 14. Only staff is permitted to receive and distribute mail.

CLIENT INFORMATION																							
Client	Name	:															Date						
DOB							Age								Pho	ne Nu	mber						
Sex		М		F	Gende	r Ider	ntity							Pref	erre	d Pron	ouns						
SSN												PM	#										
Home	Addre	ess																					
Curren	t Loca	ation																					
Anticip	ated	Disch	narg	e fron	n Currer	nt Plac	cemen	t					Р	referre	d D	ate fo	r IRTS	Admis	sion				
Diagnosis																							
Туре о	f Con	nmit		1 M				MI/C	CD				CE)			M I	& D			Jarv	is	
Guardi	anshi	p / Le	egal	Statu	s																		
Referra	al Nar	ne			•						Pho	ne					Super	visor					
Case N	_		erral s	source							Pho	ne					Super	visor					
Comm	unity	Psycl	hiatr	ic Car	e Provi	der																	
Inpatie	nt Ps	ychia	tric	Care I	Provider																		
County	of Fi	nanci	ial R	espor	nsibility								Cour	nty Ins	uran	nce Ap	p. Sen	t To					
Financ	ial Wo	orker						(Con	tact	Infor	mati	on										
Month	ly Gro	ss In	com	ne				ı	Inco	me S	Sourc	ce(s)											
Reduc	tions	to Inc	ome	e amo	unt and r	eason																	
BENEF	ITS																						
□ M/	A Ope	n			MA P	ending	g		1 9	SMR	T Pen	ding			Sc	oc Sec	Pendi	ng		G	AMC		
☐ GA	4				Waive	r) F	RSDI	\$				SS	SI\$							
Applic	ations	Filed	t		Yes		No		Sı	ıppc	ort let	tter f	or be	enefits	арр	olied fo	or fron	n phys	ician		Yes		No
CURRENT HOUSING RESOURCES																							
	idges				S &	<u> </u>				Sect	tion 8					AP Apt	<u> </u>		Othe	er Hoi	ısina l	Resou	ırces
☐ Bridges ☐ S & C ☐ Section 8 ☐ CAP Apt ☐ Other Housing Resources																							
INSUR	ANCE																						
Name	of Pla	n											Туре	of Pla	ın								
Plan#	or Co	nsum	er II) #																			
R&B C	ontrib	utior	ı to	IRTS i	fany												С	lient A	grees		Yes		No

GOALS	FOR PLACEMENT
ADDITI	ONAL INFORMATION PERTINENT TO IRTS PLACEMENT (support system, cultural considerations, etc.)
	THE FOLLOWING INFORMATION WILL BE REQUIRED PRIOR TO INTAKE
	If referent is on a stay of commitment or full commitment, a copy of the court findings which indicate the type of commitment/Jarvis as well as a copy of the provisional discharge.
	A copy of all current assessments such as a Diagnostic Assessment, Psych Eval, Functional Assessment and/or LOCUS, and any progress notes, discharge summaries or other relevant client information to assist in placement determinations.
	10-day supply of medication and signed orders from the attending physician for all prescribed medications. Also, any medications requiring Pre-Authorizations need to be completed prior to admission to facility.
	For our Willow Haven location only: A copy of physical exam or communicable disease determinations completed within 30 days of admission and signed by a provider, OR exam appointment is scheduled within 3 days of admission.

Admission determinations will be made within 72 hours of receiving all pre-admission materials as outlined by 2451.23 Subd. 17

CLIENT INFORMATION													
First Nam	e MI						Last Name						
Date of B	irth	rth Previous Name(s)					·						
Address	Address							Phone Nur	mber				
City							State		Zip				
	AUTHORIZATION TO PERSONS/AGENCIES												
I hereby a	utho	rize				I herel	I hereby authorize PERSON/AGENCY releasing info:						
 Thrive Behavioral Network I, LLC, Thrive Behavioral Network II, LLC, Thrive Behavioral Network IV, LLC, Thrive Behavioral Network V, LLC, Grand Falls Maintenance Company 					To release information to								
Doing Bu	siness	s As				•	 Thrive Behavioral Network I, LLC, Thrive Behavioral Network II, LLC, 						
To release information to PERSON/AGENCY receiving info:					 Thrive Behavioral Network III, LLC, Thrive Behavioral Network IV, LLC, Thrive Behavioral Network V, LLC, Grand Falls Maintenance Company 								
						Doing	Doing Business As						
		CHEC	K THE R	EASON((S) FO	R RELEA	SING IN	FORMATIO	N				
□ Se □ Re □ Pa	☐ Service Coordination ☐ Application or appeal of application for Social Security Disability benefits												
			SELE	CT INFO	ORM <i>A</i>	ATION FO	OR RELE	ASE					
Release checked documents that were/are produced during these dates:													
Health Care Records													
 All Health Care Records (to include any information about you related to mental health evaluation and treatment, concerns about drug and/or alcohol use, HIV/AIDS testing and treatment, sexually transmitted diseases and genetic information) Specific health care records as indicated here: 													
	Mental Health and/or Chemical Dependency Records: (Chemical Dependency Records only if Special Consent indicated below, not to include psychotherapy notes)												
□ F	 □ Diagnostic Assessment □ LOCUS □ Discharge Summary 												

Residential, School	, or Community Support and Soci	al Se	ervices						
-	ts //Residential Support Plan red Education Plan		Progress notes Progress Reviews Discharge Summary						
-	ring <u>Special Consent by Law</u> request the following information in o	rder	for it to be released)						
and no oth Chemical D	and no other documents)								
Verbal Communica	tion								
above.	above.								
	and acknowledge that by signing								
You are requesting that confidential information be exchanged between the agencies or persons listed. You may stop this consent at any time by writing to any organization, facility, and/or professional listed above. You understand that health information released may include information about HIV/AIDS. You may inspect the records being released, or request a copy. You may be charged a fee for copies. You understand that once the information specified above is sent, it could be re-disclosed by the person that receives it and/or may no longer be protected by federal or state privacy laws. You understand that if the organizations listed are health care providers they will not condition treatment, payment, enrollment or eligibility for benefits on whether you sign this consent form. If you choose not to sign this form to release information to an insurance company, your failure to sign will not impact your treatment; but that you may not be able to get new or different insurance; and/or may not be able to get insurance payment for your care. I understand that my alcohol and drug treatment records are protected under the federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records, 42 Code of Federal Regulations (CFR) Part 2, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR,Parts 160 and 164, and cannot be disclosed without my written consent at any time except to the extent that action has been taken in reliance on it, and that in any event this consent expires automatically as follows:									
Choose the expirat	ion date of this release:								
	 I understand that this consent will expire in one year from the date signed OR, I want this consent to expire on the following earlier date or event: 								
Client				Date					
Legal Representative				Date					
Staff Witness				Date					